

# Dr Bridget Rennie-Salonen PhD

Curriculum Vitae | October 2022

## 1. Overview

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An award-winning flautist and academic, with extensive and diverse music education experience, Dr Rennie-Salonen is a sought-after pedagogue, performer, and researcher. Her internationally connected interdisciplinary research in performing arts health and optimal artistic performance is ground-breaking for South Africa. Flautist, lecturer, researcher, and musicians' health practitioner, Bridget is an artist who is passionate about both the meaning of the performing arts in society and the meaning of the performing arts for the artists themselves. She is currently Postdoctoral Fellow, Part-time Senior Lecturer, and Head of Woodwinds at the Department of Music at Stellenbosch University.

## 2. Personal details

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Name: Bridget Rennie-Salonen  
 Telephone: +27 72 479 9684  
 E-mail: [bridget@bridgetrs.com](mailto:bridget@bridgetrs.com)  
 Personal website: [www.bridgetrs.com](http://www.bridgetrs.com)  
 ResearchGate: [ResearchGate profile](#)  
 YouTube: [YouTube Channel](#)  
 LinkedIn: [LinkedIn profile](#)  
 ORCID: [ORCID profile](#)  
 Computer skills: ATLAS.ti, Mendelay, EndNote, Microsoft Office / 365, Google Suite

## 3. Academic Qualifications

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<b>PhD</b>	University of the Free State, Odeion School of Music	2018
<b>PGDipMus</b>	University of Cape Town (Concerto with Distinction)	1991
<b>BA</b>	University of Cape Town (Music, Psychology, History of Art)	1989
<b>LRSM</b>	Licentiate of the Royal Schools of Music	1988

## 4. Professional Certificates

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<b>Essentials of Performing Arts Medicine: Arts Educator</b>	Performing Arts Medicine Association (PAMA)	2020
<b>Certificate in Functional Anatomy (with Distinction)</b>	HPCSA CPD-accredited 1-year course Course Director: J Koep, MSc (PT0047112)	2011
<b>Licensed Body Mapping Educator (Performance health and somatic training specialist)</b>	Association for Body Mapping Education (ABME)	2010

## 5. Professional Experience

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### **Current / Ongoing**

<b>Postdoctoral Fellow</b>	Department of Music, Stellenbosch University	2020-
<b>Part-time Senior Lecturer &amp; Head of Woodwinds (lecturing in flute, Baroque traverso, woodwind methods, woodwind repertoire studies, orchestral studies, wind ensemble direction, &amp; supervising research)</b>	Department of Music, Stellenbosch University	2019-
<b>Musicians' Health Consultant, Clinician and Educator</b>	The Flute Practice <a href="https://www.theflutepractice.com/flute-well-being">https://www.theflutepractice.com/flute-well-being</a>	2020-
<b>Chairperson</b>	South African Performing Arts Health Association	2019-
<b>Guest Principal Flute</b>	Free State Symphony Orchestra	2012-
<b>Musicians Performance Health Specialist (individual and group sessions)</b>	Licensed Body Mapping Educator and Training Mentor	2010-
<b>Principal Flute (regular freelance)</b>	Cape Town Festival Orchestra	2009-
<b>Part-Time Lecturer (flute)</b>	University of Cape Town, SA College of Music	1991-

### **Past Professional Appointments: Full-Time**

<b>Solo Principal Flute</b>	Cape Town Philharmonic Orchestra	1997-2001
<b>Co-Principal flute and Principal Piccolo</b>	Cape Philharmonic Orchestra	1989-1996

### **Past Professional Appointments: Part-Time**

<b>Flute Teacher and Wind Band Conductor</b>	Beau Soleil Music Centre	2004-2008
<b>Flute Teacher</b>	Diocesan College (Bishops)	2000-2003
<b>Flute Teacher</b>	Diocesan College (Bishops)	1988-1995
<b>Ad-Hoc Flute and Piccolo</b>	Cape Town Symphony Orchestra	1987-1996

## 6. Awards

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<b>Deputy Vice-Chancellor's Top 20 Postdoctoral Fellow Award</b>	Stellenbosch University (SU): In recognition of excellence in research, scholarship and contribution to the academic community	2022
<b>Winner - International Society of Bassists (ISB) Biennial Research Competition</b>	Grand Prize for 'Musculoskeletal Symptoms of Double Bassists: A Literature Synthesis' by F. Levenderis & B. Rennie-Salonen.	2020
<b>Nomination, Fiesta Award</b>	'Glorious Baroque' with Camerata Tinta Barocca	2019
<b>Fanie Beetge Academic Prize</b>	Best Academic Postgraduate Student, Odeion School of Music, UFS	2019
<b>Woordtrofee Award</b>	'Ballades' at Woordfees Stellenbosch	2017
<b>Nomination, Fiesta Award</b>	'Handel in die Voorkamer', Camerata Tinta Barocca	2016
<b>Silver Ovation Award</b>	'Trio with a Twist', National Arts Festival	2014
<b>Fiesta Award</b>	'Trio with a Twist': Best Classical Production at SA festivals in 2012	2013
<b>Carklin Award for Artistic Excellence</b>	Cape Town Philharmonic Orchestra	1999
<b>Competition Finalist</b>	Oude Meester National Music Prize Competition	1991
<b>Dean's Merit List UCT</b>	Recognition of excellent academic performance	1988
<b>Competition Semi-Finalist</b>	Sasol National Music Prize Competition	1987

## 7. Scholarships and Grants

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<b>Residential fellowship</b>	Stellenbosch Institute for advanced Studies (STIAS) *Abstract: <a href="https://stias.ac.za/fellows/projects/occupational-health-and-well-being-in-the-performing-arts-in-south-africa-the-formation-of-an-interdisciplinary-performing-arts-health-network-led-by-the-universities-of-stellenbosch-and-pretoria/">https://stias.ac.za/fellows/projects/occupational-health-and-well-being-in-the-performing-arts-in-south-africa-the-formation-of-an-interdisciplinary-performing-arts-health-network-led-by-the-universities-of-stellenbosch-and-pretoria/</a> *Seminar: <a href="https://stias.ac.za/2020/12/initiative-will-consider-health-and-well-being-of-south-african-performing-artists/">https://stias.ac.za/2020/12/initiative-will-consider-health-and-well-being-of-south-african-performing-artists/</a> *Video: <a href="https://www.youtube.com/watch?v=Q8G0RTiWljs&amp;ab_channel=STIAS">https://www.youtube.com/watch?v=Q8G0RTiWljs&amp;ab_channel=STIAS</a>	2020 Nov-Dec
<b>Postdoctoral Fellowship</b>	African Open Institute for Music, Research and Innovation, Stellenbosch University	2020 & 2021
<b>Research and study travel grant</b>	Oppenheimer Memorial Trust	2019
<b>International research project grant</b>	UCT and Worldwide Universities Network (WUN) *Musicians' Health Literacy Consortium: <a href="https://www.wun.ac.za/health-education-literacy-and-accessibility-for-musicians-a-global-approach-report-from-the-worldwide-universities-network-project/">Health Education Literacy and Accessibility for Musicians: A Global Approach. Report from the Worldwide Universities Network Project</a>	2018
<b>Research Completion Grant</b>	UCT Emerging Researcher Programme (ERP)	2018
<b>Research Development Grant</b>	UCT Emerging Researcher Programme (ERP)	2017
<b>Research Start-Up Grant</b>	UCT University Research Committee (URC)	2016
<b>Scholarship - PhD research</b>	Oppenheimer Memorial Trust	2013-2015
<b>A-list Scholarship</b>	University of the Free State	2013
<b>Overseas Study Award</b>	Oppenheimer Memorial Trust	2009
<b>Travel Grant</b>	Cape Tercentenary Foundation	2009

## 8. Peer-Reviewed Publications

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### SUBMITTED – UNDER REVIEW:

Wijsman, S., Ginsborg, J., Baadjou, V., de Lisle, R., Guptill, C., Rennie-Salonen, B., Visentin, P. & Ackermann, B. (Submitted – Under Review) 2022. Development of the Musicians' Health Literacy Questionnaire (MHL-Q19) (*JOURNAL: Health Promotion International*).

### PUBLISHED:

Guptill C, Slade T, Baadjou V, Roduta Roberts M, de Lisle R, Ginsborg J, Rennie-Salonen B, Ackermann BJ, Visentin P and Wijsman S. 2022. Validity and reliability of the Musicians' Health Literacy Questionnaire, MHL-Q19. *Front. Psychol.* 13:886815. doi: 10.3389/fpsyg.2022.886815 <https://www.frontiersin.org/articles/10.3389/fpsyg.2022.886815/full>

Levenderis, F. & Rennie-Salonen, B. 2022. Musculoskeletal symptoms of double bassists: a literature synthesis. (Winner: 2020 International Society of Bassists Research Competition). *Online Journal of Bass Research*. [Online] Volume 14 (Jan). Available: <http://www.ojbr.com/volume-14-number-1.asp>

Rennie-Salonen, B. & Hardie, Y. 2021. Creating a healthy arts sector ecosystem: The Charter of Rights for South African artists. *HERRI journal*. [Online] Issue #06. Available: <https://herri.org.za/6/bridget-rennie-salonen-yvette-hardie/>

Behel, K., Evans, A. & Rennie-Salonen, B. 2021. Synthesising the literature on Stress Velopharyngeal Insufficiency in musicians: Recommendations for music educators. *Update: Applications of Research in Music Education*. <https://doi.org/10.1177/87551233211030167>

Rennie-Salonen, B. & de Villiers, F. 2020. Musicians' occupational health in South Africa: Promoting awareness and understanding in music teaching. *The South African Music Teacher*, 154: Nov. [https://bridgetrs.com/wp-content/uploads/2020/10/Rennie-Salonen-2020-Musicians-occupational-health-in-SA\\_Promoting-awareness-understanding-in-music-teaching\\_SA-Music-Teacher-154\\_8-Nov-2020.pdf](https://bridgetrs.com/wp-content/uploads/2020/10/Rennie-Salonen-2020-Musicians-occupational-health-in-SA_Promoting-awareness-understanding-in-music-teaching_SA-Music-Teacher-154_8-Nov-2020.pdf)

Baadjou, V.A., Wijsman, S.I., Ginsborg, J., Guptill, C., De Lisle, R., Rennie-Salonen, B., Visentin, P. & Ackermann, B. 2019. Health education literacy and accessibility for musicians: a global approach. Report from the Worldwide Universities Network project. *Medical Problems of Performing Artists*, 34(2):105-107. <https://doi.org/10.21091/mppa.2019.2011>

Salonen, B.L. 2018. *Tertiary music students' experiences of an occupational health course incorporating the Body Mapping approach*. PhD thesis. Bloemfontein: University of the Free State, South Africa. <https://scholar.ufs.ac.za/handle/11660/9652>

Rennie-Salonen, B. & de Villiers, F. 2016. Towards a model for musicians' occupational health education at tertiary level in South Africa. *Muziki: Journal of Music Research in Africa*, 13(2):130-151. DOI: 10.1080/18125980.2016.11828232016 <http://bridgetrs.com/wp-content/uploads/2016/09/RENNIE-SALONEN-2016-Towards-a-model-for-musicians-occupational-health-education-at-tertiary-level-in-South-Africa.pdf>

## 9. Peer-Reviewed Conference Presentations

2022	<b>"We need to know" - South African student voices on a musicians' occupational health course: Implications for tertiary music education</b> Bridget Rennie-Salonen	South African Society for Research in Music: 16 <sup>th</sup> Annual Conference	Makhanda, South Africa
2022	<b>Self-perceptions of graduate employability among student musicians at a South African university</b> Caroline Walters & Bridget Rennie-Salonen	35 <sup>th</sup> World Conference of the International Society for Music Education (ISME), July 2022	Australia/Online
2022	<b>Well-being in the Music Studio &amp; Beyond: Teacher &amp; Student Perspectives (Roundtable)</b> Bridget Rennie-Salonen with co-presenters: Leon de Bruin (Australia); Yiannis Miralis (Cyprus); Carina Joly (Brazil); Sylvain Jaccard (Switzerland).	35 <sup>th</sup> World Conference of the ISME: Pre-conference seminar - ISME Instrumental & Vocal Teaching, July 2022	Australia/Online
2022	<b>Music students' experiences of Body Mapping as somatic learning: Activities, teaching outcomes, and integrated applications</b> Bridget Rennie-Salonen	35 <sup>th</sup> World Conference of the International Society for Music Education (ISME), July 2022	Australia/Online
2022	<b>Establishing a national performing arts health association in a developing country: A Case Study (plenary presentation)</b> Bridget Rennie-Salonen (presenter) & Clorinda Panebianco	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2022	Chicago, USA
2022	<b>Reflection IN and ON practice: A cellists search for meaning (poster presentation)</b> Estelle Kemp & Bridget Rennie-Salonen	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2022	Chicago, USA
2021	<b>Development and validation of the musicians' health literacy tool MHL-Q19.</b> Co-authors: Christine Guptill (presenter), Vera Baadjou, Mary Roduta-Roberts, Teri Slade, Rae de Lisle, Bridget Rennie-Salonen, Jane Ginsborg, Peter Visentin, Bronwen Ackermann, Suzanne Wijsman	Australian Society for Performing Arts Healthcare (ASPAH) Annual Conference, November 2021	Australia/Online
2021	<b>Development and validation of the musicians' health literacy tool MHL-Q19.</b> Co-authors: Christine Guptill (presenter), Vera Baadjou, Mary Roduta-Roberts, Teri Slade, Rae de Lisle, Bridget Rennie-Salonen, Bronwen Ackermann, Jane Ginsborg, Peter Visentin, Suzanne Wijsman.	International Symposium on Performance Science (ISPS) Biennial Conference, October 2021	Montréal, Canada (Hybrid online).
2021	<b>Musicians' health literacy: The missing piece in the musicians' health promotion puzzle.</b> Co-authors & co-presenters: Suzanne Wijsman, Bronwen Ackermann, Bridget Rennie-Salonen, Christine Guptill.	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2021	New York, USA / Online
2021	<b>'The Whole Me' - Student musicians' experiences of Body Mapping as somatic learning: research data, practical teaching applications, and interactive demonstrations.</b>	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2021	New York, USA / Online
2021	<b>Musculoskeletal symptoms of double bassists: a literature synthesis.</b> Co-authors & co-presenters: Frances Levenderis, Bridget Rennie-Salonen	International Society of Bassists (ISB) Convention, June 2021	Dallas, USA / Online
2020	<b>A multidisciplinary team approach for effective rehabilitation of a musician with dystonia.</b> Co-authors & co-presenters: Bridget Rennie-Salonen, Bronwen Ackermann.	International Society for Music Education (ISME): World Conference, Aug-Nov 2020	Helsinki, Finland / Online
2020	<b>Health education for music students and teachers: A scoping review.</b> Co-authors: Bridget Rennie-Salonen (presenter), Alison Evans.	International Society for Music Education (ISME): World Conference, Aug-Nov 2020	Helsinki, Finland / Online

2019	<b><i>Student musicians' experiences of occupational health education: An Interpretative Phenomenological Analysis.</i></b>	Health Humanities Interest Group Conference, Dec 2019	SU Faculty of Medicine, Tygerberg, SA
2019	<b><i>Optimising well-being, performance skills, and return from embouchure dystonia in a French Horn player through an integrated team approach to rehabilitation.</i></b> Co-authors & co-presenters: Bridget Rennie-Salonen, Bronwen Ackermann.	Annual Congress of SA Society for Research in Music (SASRIM), Sept 2019	SU, Music Department, Stellenbosch, SA
2019	<b><i>Occupational health education and health literacy for musicians: Prevention is better than cure.</i></b> Co-authors & symposium co-presenters: Jane Ginsborg, Suzanne Wijsman, Bridget Rennie-Salonen, Peter Visentin	International Symposium on Performance Science (ISPS), July 2019	University of Melbourne, Australia
2019	<b><i>Tertiary students' experiences of a musicians' occupational health course: An Interpretative Phenomenological Analysis.</i></b>	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2019	UCLA, Los Angeles, USA
2019	<b><i>An international interdisciplinary approach to rehabilitating embouchure dystonia: A French Horn case study.</i></b> Co-authors: Bridget Rennie-Salonen (presenter), Bronwen Ackermann.	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2019	UCLA, Los Angeles, USA
2019	<b><i>Development and design of the Musicians' Health Literacy Questionnaire (MHL-Q19).</i></b> Co-authors: Jane Ginsborg (presenter), Bronwen Ackermann, Vera Baadjou, Bridget Rennie-Salonen, Rae de Lisle, Christine Guphill, Peter Visentin, Suzanne Wijsman.	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2019	UCLA, Los Angeles, USA
2019	<b><i>Optimising well-being, performance skills, and return from embouchure dystonia in a French Horn player through an integrated team approach to rehabilitation incorporating Body Mapping.</i></b> Co-authors and co-presenters: Bridget Rennie-Salonen, Bronwen Ackermann.	Association for Body Mapping Education (ABME) Biennial International Conference, June 2019	University of Redlands, California, USA
2019	<b><i>Efficacy of Body Mapping as the somatic education component of a musicians' occupational health course.</i></b>	Association for Body Mapping Education (ABME) Biennial International Conference, June 2019	University of Redlands, California, USA
2017	<b><i>Collaboration in tertiary level musicians' occupational health education in South Africa.</i></b>	SA National Performing Arts Health Symposium, Oct 2017	UNISA, Pretoria, SA,
2017	<b><i>Towards a model for musicians' occupational health education at tertiary level in South Africa.</i></b>	Performing Arts Medicine Association (PAMA) Annual Symposium, July 2017	Colorado, USA,
2017	<b><i>A collaborative model for musicians' occupational health education, with particular emphasis on the role of Body Mapping in the somatic education component.</i></b>	Andover Educators' 8th Biennial International Conference, Schwob School of Music, June 2017	Columbus State University, Columbus, Georgia, USA
2015	<b><i>Student musicians' experiences of an occupational health course based on the Body Mapping approach: Preliminary PhD research findings.</i></b>	Annual Congress of the SA Society for Research in Music (SASRIM), July 2015.	SA College of Music, UCT, Cape Town, SA
2015	<b><i>Student musicians' experiences of an occupational health course based on the Body Mapping approach: Preliminary PhD research findings.</i></b>	Andover Educators Biennial International Conference, June 2015.	Portland State University, Portland, Oregon, USA
2013	<b><i>Musicians' Well-being; Body Mapping, awareness and the senses for enhanced performance and teaching.</i></b>	International Conference on Music and Well-Being, Aug 2013	NWU, Potchefstroom, SA

## 10. Invited Guest Lectures and Presentations

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2022	<b>Body Awareness Essentials for the clarinettist: Optimal, free, expressive &amp; healthy playing</b>	International "In Music" Online Clarinet Festival 2 April 2022	Live/Online
2022	<b>Musicians' breath and posture: Skills for tension release and optimal performance</b>	Stellenbosch University, Dept of Music: Certificate Programme Induction Day - 10 February 2022	Stellenbosch, SA
2022	<b>Body Mapping for Musicians: Practical applications &amp; interactive demonstrations</b>	South African Society for Teachers of the Alexander Technique (SASTAT), 24 January 2022	Live/Online
2021	<b>Healthy strings: Dialogues and practical strategies to synergize physical and mental wellbeing with artistic excellence</b>	South African Strings Foundation (SASF) Convention, 3 October 2021	Live/Online
2020	<b>Mindful Music Practice: A two-part podcast on mindfulness, practice, optimal performance, and Body Mapping</b>	'The PerfActionist' Series hosted by music psychologist, Dr Emese Hruska, September 2020	Online/Podcast
2020	<b>The ensemble of expertise: Effective teamwork in musicians' rehabilitation incorporating Body Mapping</b>	International webinar presentation for Association of Body Mapping Education (ABME), 17 May 2020	Live/Online
2020	<b>Practice Boosters</b>	St Andrews College and Diocesan School for Girls: Music Festival, May-June 2020	Online
2020	<b>The Musicians' Health Literacy Consortium: Aims, Progress and Challenges</b>	University of North Texas, Performing Arts Health, Doctoral student seminar, 2 April 2020.	Live/Online
2019	<b>Confident Enjoyable Performance</b>	Amanda Luyt contemporary voice studio, Dec 2019	Cape Town, SA
2019	<b>Musicians' Health: 1) Risk factors and prevention; 2) Movement, awareness, the senses, and somatics; 3) Body awareness and breathing; 4) Performance psychology</b>	RU Guest lecturer for course 'Music, Health and the Brain', Sept 2019.	RU, Grahamstown, SA
2019	<b>Your body is your instrument: The link between posture, breath, sound, technique, and expression.</b>	Interactive workshop presentation for the Horizons Project Choir, Oct 2019.	Cape Town, SA
2019	<b>Tertiary music students' occupational health curriculum content, implementation, and assessment.</b>	UWC Joint faculty seminar: Education, Occupational Therapy & Performing Arts, Feb 2019	UWC, Bellville, SA
2019	<b>Tertiary student musicians' experiences of an occupational health course: Psychological, physical, and artistic integration optimise performance proficiencies and health.</b>	Colloquium: SU Music Department, Feb 2019	SU, Stellenbosch, SA
2018	<b>Musicians' Health: 1) Risk factors and prevention; 2) Movement, awareness, the senses, and somatics; 3) Body awareness and breathing; 4) Performance psychology</b>	RU, Guest lecturer for course 'Music, Health and the Brain', Sept 2018.	RU, Grahamstown, SA
2017	<b>Flute masterclasses</b>	UFS, Guest lecturer at Odeion School of Music, Feb 2017	UFS, Bloemfontein, SA

2011-2017	<b>Opera Training Classes: Body awareness, breathing, movement, Body Mapping, and performance confidence sessions.</b>	Guest lecturer for UCT Opera School 2011-2017	UCT, SA College of Music, Cape Town, SA
2016	<b>Breathe with Ease: Movements and structures of breathing and support.</b>	South African Tuba and Euphonium Association Course, 2 Dec 2016.	Cape Town, SA
2016	<b>Optimal Alignment: Effective, balanced posture and tension-free body awareness for all musicians; Breathe with Ease: Movements and structures of breathing and support.</b>	Allmusic Music Teachers' Professional Development Workshop, Oct 2016.	Hugo Lambrechts Music Centre, Cape Town, SA
2016	<b>Guest Lecturer: Baroque Traverso</b>	UCT Winter Course in Historically Informed Performance, June-July 2016	UCT, SA College of Music, Cape Town, SA
2016	<b>Musicians' Health: Background, Research and Education; The Structures and Movements of Breathing; The Mind-Body Link; Optimal Alignment; Productive Practising; Performing Confidence Tools.</b>	Crescendo Summer Institute South Africa (CSISA), March 2016.	Somerset West, SA
2015	<b>Body Awareness Essentials: 5 key elements for free and energised playing.</b>	Music Teachers' Refreshers Course, Jan 2015.	Hugo Lambrechts Music Centre, Cape Town, SA

## 11. Research: Current projects

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### **Oxford Handbook of Musician Health Advocacy**

Co-editors: Prof Judy Palac, Prof Kris Chesky & Dr Bridget Rennie-Salonen

### **Sound Performers South Africa (SA): Impact of a blended learning course for occupational resilience in post-secondary music students**

The research examines the impact of the musicians' health program, Sound Performers (SP), on participants' health, health literacy, health behaviours, and occupational resilience in relation to music performance and practice. The project is the SA component of an international multi-centre mixed methods cohort study examining the efficacy of multiple delivery modes of SP in regionally distinct settings.

### **A multidisciplinary team approach for effective rehabilitation of a musician with dystonia: A French Horn case study**

Bridget Rennie-Salonen & Bronwen Ackermann

### **Health education for music students and teachers: A scoping review**

Alison Evans, Bridget Rennie-Salonen, Bronwen Ackermann & Suzanne Wijsman.

### **'The whole me': Student musicians' experiences of Body Mapping as somatic learning**

Bridget Rennie-Salonen & Frelet de Villiers



## 12. Former students' achievements

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### **Former students' postgraduate study abroad**

Royal College of Music  
 Royal Academy of Music  
 Royal Northern College of Music  
 Royal Welsh College of Music  
 Longy School of Music Boston  
 University of Music and Performing Arts Vienna  
 University of Michigan  
 University of British Columbia

### **Former students' scholarships**

Oppenheimer Memorial Trust  
 SAMRO  
 Il Sistema /MA Program at Longy, Boston  
 Royal College of Music  
 Royal Academy of Music  
 Royal Northern College of Music  
 Royal Welsh College of Music  
 University of Michigan  
 University of British Columbia

### **Former students' achievements and awards**

ATKV  
 SAMRO  
 UNISA  
 Artscape Youth Music Competition  
 National Youth Music Competition  
 Grahamstown National Competition  
 SACS Competition  
 Artscape Youth Concerto Festival  
 JPO Youth Concerto Festival  
 KZNPO Youth Concerto Festival  
 Deans Merit List UCT  
 Degree with Distinction  
 Class medallists

### **Former students' orchestral appointments**

CPO: Principal Flute (Gabriele von Durkheim)  
 CPO: Co-principal Flute (Bridget Wilson)  
 CPO: Co-principal Flute (Sally Minter; Louisa Theart)  
 KZNPO: Co-Principal Flute (Lisa Thom)

## 13. Postgraduate supervision

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### **Postgraduate research supervision**

MMus	<i>Performance Related Health Problems in South African Guitarists: Biopsychosocial interactions (provisional title)</i> Damian Christians	2022-
BMus Hons	<i>The application of the Alexander Technique for instrumental musicians: A narrative literature synthesis (provisional title)</i> Oluwagbenga Ajila	2022-
MMus	<i>Cellists' experiences of learning and teaching Body Mapping for musicians: an Interpretative Phenomenological Analysis.</i> Amalia Reyneke	2021-
MMus	<i>Self-perceptions of graduate employability among student musicians at a South African university.</i> Caroline Walters.	2020-
MMus Under examination	<i>Reflection IN and ON practice: a cellist's search for meaning.</i> Estelle Kemp	2021-2022
MSc Under examination	<i>Investigating performance-related musculoskeletal disorders in South African instrumental musicians.</i> Erryn Green (Co-supervision, Rhodes University)	2020-2022
BMus Hons (distinction)	<i>Spanish nationalism and the impact of exoticism on perceptions of music written by Hispanic composers.</i> Claudia Garcia Garcia	2021-2022
MMus (distinction)	<i>The prevalence of musculoskeletal symptoms in double bass players.</i> Frances Levenderis	2020-2021
BMus Hons (distinction)	<i>Musculoskeletal symptoms in double bass and cello players: a literature review.</i> Frances Levenderis	2019-2020
BMus Hons (distinction)	<i>Postural recommendations in cello pedagogy: An integrative literature review.</i> Amalia Reyneke	2019-2020

### **Postgraduate practical studies (flute) supervision**

MMus	Caroline Walters (Traverso)	2020-2021
BMus Hons	Claudia Garcia-Garcia (Chamber Music)	2021
BMus Hons	Mikhaila Jacobs (Repertoire Studies)	2021
PGDipMus	Robert de Vries	2016-2017
BMus Hons (distinction)	Neil Robertson	2017
BMus Hons	Nkosana Gugulethu Soko	2017
MMus (distinction)	Tatiana Thaele	2014-2015
MMus	Jomari Swarts	2013-2014
BMus Hons (distinction)	Sally Minter	2012
BMus Hons	Monique van Willingham	2010
BMus Hons (distinction)	Louisa Theart	2010
MMus	Inge Scott (nee Pietersen)	2008-2009
BMus Hons (distinction)	Lindsay Fillingham (nee James)	2008-2009
MMus	Lisa Thom	2004-2005
BMus Hons	Kim Steenkamp (nee Watson)	2003
BMus Hons	Lisa Thom	2003
MMus (distinction)	Gabriele von Durkheim	2001-2002

## 14. Performance Output (Highlights)

Ongoing	<b>Zomari Duo (Flute &amp; Guitar)</b> with guitarist James Grace	
	<b>The Gabriel Duo (Flute &amp; Harp)</b> with harpist Gaylen Sales	
	<b>Principal Flute:</b> The Free State Symphony Orchestra (FSSO)	
	<b>Principal Flute:</b> The Cape Town Festival Orchestra	
	<b>Baroque Traverso Flute: Cape Town Baroque (CTB)</b> with Erik Dippenaar (harpsichord), Annien Shaw (Baroque violin), Refiloe Olifant (Baroque violin), Ralitzta Macheva (Baroque violin), Suzanne Martens (Baroque violin), Cheryl de Havilland (Baroque cello), Peter Martens (Baroque cello)	
	<b>Collaborative pianists:</b> Albie van Schalkwyk, Tertia Visser-Downie, Janine Neethling, Catherine Foxcroft, Jose Dias, (Victor Tichart <sup>†</sup> )	
2022	<i>POEM - Music, dance and poetry inextricably intertwined</i>   Bridget Rennie-Salonen (flute), José Dias (piano), Malika Ndlovu (performance poet), jacki job (dance, staging & choreography)	Festival - Woordfees: Endler Hall Stellenbosch, October 2022
	Baroque Traverso with CTB: <i>Kings and Queens</i> with soprano Marelise Gerber and counter-tenor Clint van der Linde	Cape Town Baroque Festival, SA Sendinggestig, Oct 2022
	Zomari Duo: <i>The Flute in Autumn</i> (with James Grace - guitar)	Hermanus Fynarts Festival, June 2022
	Baroque Traverso with CTB: <i>Baroque Opera Gala</i> with vocal soloists Brittany Smith, Lynelle Kenned, Hlengiwe Mkhwanazi, Jason Atherton and William Berger.	Sendinggestig, April 2022
2021	Baroque Traverso with CTB: <i>The Cape Town Baroque Orchestra with Hlengiwe Mkhwanazi (soprano)</i>	St Andrews, Cape Town, Oct 2021
	Baroque Traverso with CTB: <i>Chamber Music of the Baroque</i> with soprano Lynelle Kenned	Endler, Stellenbosch, May 2021
	Baroque Traverso with CTB: <i>Handel duos and arias</i> with soprano Stefanie True and counter-tenor Chris Ainslie (filmed)	Presented by KykNET, July 2021
2020	Zomari Duo: <i>'Histoire du Tango'</i> (with James Grace) for Klein Karoo Klassique / Cape Town Baroque Festival (filmed)	Presented by KykNET, Oct 2020
2019	Conductor - Eva Tamassy Tribute Flute Choir	Endler, Stellenbosch
	Soloist - Baroque Traverso: <i>JS Bach's Solo Partita in A minor</i> , Cape Town Baroque Festival	Lutheran Church, Cape Town
	Soloist - Baroque Traverso with CTB in <i>'Glorious Baroque': JS Bach's Fifth Brandenburg Concerto</i> .	Woordfees, Stellenbosch, and Baxter Concert Hall, Cape Town
	Baroque Traverso with CTB in <i>'Of Plants and Animals'</i> , at Greyton Music Festival	Greyton
	Baroque Traverso with CTB in <i>'Lawrence Zazzo in Concert'</i>	Centre for the Book, Cape Town
	Soloist - <i>Mpumalanga &amp; Isiduduzo</i> from <i>Imicabango</i> for flute & piano, by Alexander Johnson:	University of Redlands, California, USA
	Soloist - <i>Nostalgia</i> for solo flute, by Roelof Temmingh	UCLA, Los Angeles, USA

	Soloist - <i>CPE Bach Concerto in D minor</i> with Baroque2000 Durban	Marianhill Monastery, Durban
	Gluck's <i>Orphee</i> with Cape Town Opera	Baxter Theatre, Cape Town
	The Little Wind Quintet: ' <i>Bagatelle</i> ' (Wind Quintet works by Mozart, Danzi, Bozza, Ligeti, Taffanel & Piazzolla)	George and Stilbaai Concert Series
	<i>MI(SA)</i> at Woordfees	Adam Small Theatre, Stellenbosch
	Verdi's <i>Requiem</i> at Woordfees	Endler Hall, Stellenbosch
2018	Soloist – <i>Bach's Suite No 2 in B minor, Bach's Brandenburg Concerto No. 5</i> with Baroque2000 Durban, Harare International Festival of the Arts (HIFA)	Harare, Zimbabwe
	Soloist – <i>Bach's Suite No 2 in b minor, in 'Seasons and a Suite'</i> with Baroque2000 Durban	Marianhill Monastery, Durban
	Soloist - <i>Mozart Flute and Harp Concerto: The Gabriel Duo</i> : with Gaylen Sales and the Johannesburg Festival Orchestra, in opening concert of Johannesburg International Mozart Festival	Linder Auditorium, Johannesburg
	Zomari Duo: ' <i>Histoire du Tango</i> ' (with James Grace) Greyton Festival	Greyton
	The Gabriel Duo: <i>Flute and Harp recital</i> (with Gaylen Sales) at Northwards Series	Northwards House, Johannesburg
	Flute and alto flute in ' <i>Ballades 2</i> ' at Woordfees with Janine Neethling, Lize Beekman, Amanda Strydom, Coenie de Villiers, Dizu Plaatjies, and Kyle Seconna.	Spier Amphitheatre, Stellenbosch
	Flute and alto flute in <i>Movie Classics, The Sequel, Greyton Festival</i>	Greyton
	Soloist - <i>Baroque Traverso in 'Best of Baroque' at Fynarts Festival Opening Concert</i> with CTB	Hermanus
	Soloist - Baroque Traverso in <i>Pergolesi Flute Concerto</i> , with CTB	St Andrews, Cape Town
	Soloist - Baroque Traverso: <i>Telemann Concerto for Traverso and Recorder</i> , with CTB, Cape Town Concert Series & Cape Town Baroque Festival	Baxter Concert Hall, Cape Town
	Baroque Traverso with CTB in ' <i>Folk Baroque</i> ' SA tour	Endler Stellenbosch, Odeion Bloemfontein & Miriam Makeba Hall, Pretoria
	Baroque Traverso in ' <i>Of Plants and Animals</i> ' with CTB	Irma Stern Museum, Cape Town
2017	Conductor - Trevisani Masterclasses Massed Flute Choir	Hugo Lambrechts, Cape Town
	Flute & alto flute in ' <i>Movie Classics</i> ' at the Greyton Festival	Greyton
	Soloist - <i>Mozart Flute and Harp Concerto: The Gabriel Duo</i> : with Gaylen Sales & the Fynarts Festival Orchestra	Fynarts, Hermanus
	Soloist - <i>Mozart Flute and Harp Concerto: The Gabriel Duo</i> : with Gaylen Sales & the FSSO conducted by Tim Murray	Kopanong Auditorium, Bloemfontein
	Gabriel Duo with Harpist Gaylen Sales: ' <i>Dancing Through Time</i> ' at Fynarts Festival	Fynarts, Hermanus
	Zomari Duo in ' <i>Baroque to Latin</i> ' at The Autumn Music Weekend	Franschhoek

	Flute and alto flute in <i>'Ballades'</i> at Woordfees with Janine Neethling, Amanda Strydom, Sima Mashazi, Juan Oosthuizen, Ronan Skillen, Lize Beekman, and Coenie de Villiers	Spier Amphitheatre, Stellenbosch
	Baroque Traverso: <i>'Folk Baroque'</i> , CTB, Klein Karoo Klassique Festival,	Oudtshoorn
	Baroque Traverso: <i>'French Baroque chamber music'</i> with CTB	St Andrews, Cape Town
	Baroque Traverso: <i>'Bach in Concert'</i> UCT Summer School Barry Smith	Baxter Concert Hall, Cape Town
2016	<i>'Kennst du Das Land'</i> : with Lente Louw (soprano), Albie van Schalkwyk; Peter Martens, Endler Series	Endler Hall, Stellenbosch
	Zomari Duo with James Grace (guitar) – Eastern Cape Tour	Knysna and Grahamstown
	<i>Flute &amp; Strings Quartet</i> at Silver Mountain Music Festival in Swellendam with Lucia Di Blasio-Scott	Swellendam
	<i>The Little Wind Quintet</i> in recital, Hermanus Music Society Series	Bouchard-Finlayson, Hermanus
	<i>Trio Flautando</i> with Antoinette Blyth (soprano) & Victor Tichart	Baxter Concert Hall, Cape Town
	<i>Cavatina Trio</i> with Tertia Visser Downie (piano), Petri Salonen (violin), Darling Music Experience	Darling
	Soloist – in Bach's <i>Brandenburg 5</i> with the Stellenbosch Camerata	Endler Hall
	Soloist - Baroque Traverso with the CTB at the Constantia Series	Christ Church, Constantia
	Baroque Traverso: with CTB at Klein Karoo Klassique, in <i>'Handel in the Drawing Room'</i> , at Fynarts Festival, in <i>'French Baroque'</i> with Philip Mathman, in Bach's <i>St John Passion</i>	Oudtshoorn, Somerset West Hermanus, St Andrews, Cape Town, St Johns, Johannesburg
2004-2015 selection	Conductor - Many flute choir workshops and clinics, presented by FlutesYou and SAWoodwinds.	Cape Town, Port Elizabeth, & Johannesburg 2006-2009
	Conductor - Flute Choir in Concert Celebrating Eva Tamassy at 75.	Fismer Hall, Stellenbosch, 2012
	Conductor (Rehearsals) – South African Galway Flute Festival Massed Flute Choir	Baxter Concert Hall, Cape Town, Feb 2015
	<i>Chameleon Trio</i> with Catherine Foxcroft (piano), Sarah Burnett (bassoon): Eastern Cape Concert Tour	George, Knysna, Port Elizabeth, Grahamstown
	<i>Trio with a Twist</i> at Woordfees Stellenbosch; KKNK Oudtshoorn, RU Concert Series Grahamstown; UNISA Concert Series Pretoria; Classic FM Concert Series Johannesburg, National Arts Festival Grahamstown; Oude Libertas Amphitheatre Stellenbosch; Welgemeend Cape Town, Greyton Festival; Aardklop Festival & Nederburg Paarl	Stellenbosch, Oudtshoorn, Grahamstown, Pretoria, Johannesburg, Greyton, Paarl, Cape Town & Potchefstroom
	Baroque Traverso: with CTB <i>'Music at the Court of Frederick the Great'</i>	Cape Town & Simonstown
	<i>The Little Wind Quintet</i> at the St Andrews Concert Series	St Andrews, Cape Town
	Flute & alto flute in <i>Jenkin's The Peace Makers</i> with the Libertas Choir, at Oude Libertas and KKNK	Stellenbosch, Oude Libertas Amphitheatre & Oudtshoorn
	<i>'Wolf, Ravel, Hofmeyr and Van Wyk'</i> with Lente Louw (soprano), Albie van Schalkwyk (piano) & Peter Martens (cello)	Endler Hall, Stellenbosch & Old Town House, Cape Town
	<i>Zomari Duo</i> with James Grace at Durban Friends of Music, Durban; Montagu Music Society; SA College of Music, Hermanus, Helderberg; St Andrews; & Christ Church Concert Series	Durban, Montagu, UCT, Cape Town, Hermanus, Somerset West, Cape Town, & Constantia

Studio recordings: Flute, Alto Flute & Piccolo in soundtracks for <i>Smithsonian's 'Ocean Odyssey'</i> , the film <i>'Material'</i> and <i>Opperman/Neethling's 'Tree Aan'</i>	Cape Town & Johannesburg
<i>Gabriel Duo</i> with Harpist Gaylen Sales, at the Darling Music Experience, the Endler Hall Series, and the La Motte Series	Darling, Stellenbosch & Franschhoek
<i>'Misa Criolla'</i> with Amanda Strijdom & the Libertas Choir, at KKNK & Oude Libertas Amphitheatre	Oudtshoorn & Stellenbosch
<i>'Waansin'</i> with Magdalene Minnaar at Aardklop, Potchefstroom	Potchefstroom
<i>Franck Sonata</i> at Iowa State University, USA	Iowa, USA
<i>Grahamstown Sextet</i> (wind quintet & piano): Tour – RU, UNISA, NWU	Grahamstown, Pretoria, & Potchefstroom
<i>Ravel Exotique</i> with Albie van Schalkwyk, Zanne Stapelberg, Minette du Toit & Marian Lewin at La Motte Series	Franschhoek
<i>'Amore'</i> with Magdaleen Minnaar at the KKNK	Oudtshoorn
<i>Flute and Piano in recital</i> with Catherine Foxcroft at RU	Grahamstown
<i>The Soul of the Flute: solo flute</i> – Voorkamerfest, Darling	Darling
<i>Music by Hendrik Hofmeyr</i> - concert in honour of VC Stuart Saunders	UCT SA College of Music
<i>Songmakers' Guild &amp; La Motte Concert Series</i> with Zanne Stapelberg, Hanneli Rupert & Albie van Schalkwyk	Cape Town & Franschhoek
Crumb's <i>'Vox Balaenae'</i> with Albie van Schalkwyk & Peter Martens	Baxter Concert Hall, Cape Town
Soloist - <i>'Baroque in the Bush'</i> at Shingwedzi: Flute Concertos & chamber music	Shingwedzi, Kruger National Park
Soloist – Mozart's <i>Flute and Harp Concerto: The Gabriel Duo</i> : with Gaylen Sales & the CTPO	City Hall, Cape Town
Soloist – Mozart's <i>Flute Concerto No 1</i> with the ECPO	Feathermarket, Port Elizabeth
Soloist – Bach's <i>B min Suite</i> & Stamitz <i>Flute Concerto</i> with the CTB	St Andrews, Cape Town
Soloist – Mozart's <i>Flute and Harp Concerto: The Gabriel Duo</i> : with Gaylen Sales & CTB	St Georges Cathedral, Cape Town
Principal flute in JMI (Johannesburg Music Initiative) Orchestral Concerts in Swaziland,	Swaziland
Solo Flute: Piazzolla's <i>'Maria de Buenos Aires'</i> , South African tour.	SA Tour – all festivals

## 15. Public service, leadership, and administration

<b>External Examiner (Practical)</b>	University of the Free State University of Stellenbosch Nelson Mandela University
<b>External Examiner (Theses)</b>	North-West University University of Pretoria Rhodes University
<b>Adjudicator</b>	UNISA Competitions Artscape National Youth Competition ABSA National Competition Distell Competition (And others)
<b>Peer-Reviewer</b>	Member of the Scientific Committee: 2023 International Symposium on Performance Science (ISPS) - Warsaw, Poland, August 2023 International Journal of Music Education Frontiers in Education Musicae Scientiae International Society for Music Education Biennial Conference Medical Problems of Performing Artists Creative Outputs: Department of Higher Education and Training (DHET) Performing Arts Medicine Association International Symposium Oppenheimer Memorial Trust Scholarships Journal of the Musical Arts in Africa Musicus Muziki: Journal of Music Research in Africa
<b>Guest Lecturer</b>	Rhodes University: Department of Music and Musicology (2012-present) University of the Free State: Odeion School of Music Hugo Lambrechts Music Centre Musikwoche: Swakopmund, Namibia Faculty of Health Sciences: UCT
<b>Leadership</b>	Founding member and President: Steering Committee, South African Performing Arts Health Association (SAPAHA)  Commissioner: Instrumental and Vocal Music Teaching Commission (IVMTC): International Society for Music Education (ISME)
<b>Membership</b>	South African Society of Music Teachers (SASMT) <a href="http://www.sasmt-savmo.org.za">www.sasmt-savmo.org.za</a> Performing Arts Medicine Association (PAMA) <a href="http://www.artsmed.org">www.artsmed.org</a> Association for Body Mapping Education <a href="http://www.bodymap.org">www.bodymap.org</a> Pan African Society for Musical Arts Education (PASMAE) <a href="http://www.pasmae.africa">www.pasmae.africa</a> South African Society for research in Music (SASRIM) <a href="http://www.sasrim.ac.za">www.sasrim.ac.za</a> International Society for Music Education (ISME) <a href="http://www.isme.org">www.isme.org</a>

## 16. Brief biography

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Dr Bridget Rennie-Salonen, flautist, lecturer, and researcher in Performing Arts Health, is Postdoctoral Fellow at the Department of Music at Stellenbosch University (SU). She is also Part-time Senior Lecturer and Head of Woodwinds, including lecturing in flute, Baroque traverso, woodwind teaching methods, repertoire studies and orchestral studies, directing wind ensembles, and supervising research. She is highly sought after as a flute pedagogue, and many of her former students have excelled in competitions and in overseas studies, won scholarships for study abroad, and now occupy key performance, entrepreneurial, and educational positions in the South African (SA) music sector. Bridget is commissioner on the Instrumental and Vocal Music Teaching Commission of the International Society for Music Education (ISME), and on the Performing Arts Medicine Association's Long Range Planning Committee.

Bridget's PhD (Music) from the University of the Free State (utilising Interpretative Phenomenological Analysis) focused on musicians' occupational health curriculum content, implementation, and assessment. As a Licensed Body Mapping Educator and Training Mentor, as well as holding certificates in the Essentials of Performing Arts Medicine and in Functional Movement Anatomy, she is particularly interested in the field of somatics and the interaction of the psychological, physical, and artistic aspects in performing artists, from preventative, therapeutic, and performance optimisation perspectives. Bridget is the Chairperson of the South African Performing Arts Health Association and is part of the international Musicians' Health Literacy Consortium, researching musicians' health education and health literacy.

A well-known performer in multiple genres, Bridget has appeared as soloist with several SA orchestras. As the Solo Principal Flute of the Cape Town Philharmonic Orchestra for many years, she was the recipient of the prestigious Ben & Faye Carklin Award for Artistic Excellence. Recent awards include Fiesta, Silver Ovation, Fanie Beetge Academic Prize, and Oppenheimer Memorial Trust awards. As a freelancer, Bridget is the principal flute of the Cape Town Festival Orchestra, guest principal with the Free State Symphony Orchestra, and Baroque traverso flautist with the Cape Town Baroque Orchestra.