

Dr Bridget Rennie-Salonen PhD



An award-winning flautist and academic, with extensive and diverse music education experience, Dr Rennie-Salonen is a sought-after pedagogue and performer. Her internationally connected interdisciplinary research in musicians' health and optimal artistic performance is ground-breaking for South Africa. Flautist, lecturer, researcher, and musicians' health practitioner, Bridget is currently Postdoctoral Fellow and Part-time Lecturer at Stellenbosch University.

1. Personal details

Name: Bridget Rennie-Salonen
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2. Academic Qualifications

PhD (Music)	University of the Free State, Odeion School of Music	2018
PGDipMus	University of Cape Town (Concerto with Distinction)	1991
BA	University of Cape Town (Music, Psychology, History of Art)	1989
LRSM	Licentiate of the Royal Schools of Music	1988

3. Professional Certificates

Essentials of Performing Arts Medicine: Arts Educator	Performing Arts Medicine Association (PAMA)	2020
Functional Anatomy Certificate (with Distinction)	Jacqui Koep, MSc (PT0047112) HPCSA CPD-accredited 1-year course	2011
Licensed Body Mapping Educator (Performance health and somatic training specialist)	Association for Body Mapping Education (ABME)	2010

4. Professional Experience

Ongoing / Current

Postdoctoral Fellow	African Open Institute for Music, Research and Innovation, Stellenbosch University	2020-
Part-time Lecturer (Head of woodwinds, lecturing in flute, Baroque traverso, woodwind methods, woodwind repertoire studies, orchestral studies, wind ensemble direction, and research supervision)	Music Department, Stellenbosch University	2019-
Guest Principal Flute (regular)	Free State Symphony Orchestra	2012-
Musicians Performance Health Specialist	Licensed Body Mapping Educator	2010-
Permanent Ad-Hoc Principal Flute	Cape Town Festival Orchestra	2009-
Part-Time Lecturer (flute, flute teaching methods, orchestral studies)	University of Cape Town, SA College of Music	1991-

Past Professional Appointments: Full-Time

Solo Principal Flute	Cape Town Philharmonic Orchestra	1997-2001
Co-Principal flute and Principal Piccolo	Cape Philharmonic Orchestra	1989-1996

Past Professional Appointments: Part-Time

Conductor: Wind Band and Flute Choir	Beau Soleil Music Centre	2004-2008
Flute Teacher	Beau Soleil Music Centre	2004-2008
Flute Teacher	Diocesan College (Bishops)	2000-2003
Flute Teacher	Diocesan College (Bishops)	1988-1995
Ad-Hoc Flute and Piccolo	Cape Town Symphony Orchestra	1987-1996

5. Awards

Winner - International Society of Bassists (ISB) Biennial Research Competition	Grand Prize for 'Musculoskeletal Symptoms of Double Bassists: A Literature Synthesis' by F. Levenderis & B. Rennie-Salonen, SU.	2020
Nomination, Fiesta Award	'Glorious Baroque' with Camerata Tinta Barocca	2019
Fanie Beetge Academic Prize	Best Academic Postgraduate Student, Odeion School of Music, UFS	2019
Woordtrofee Award	'Ballades' at Woordfees Stellenbosch	2017
Nomination, Fiesta Award	'Handel in die Voorkamer', Camerata Tinta Barocca	2016
Silver Ovation Award	'Trio with a Twist', National Arts Festival	2014
Fiesta Award	'Trio with a Twist': Best Classical Production at SA festivals in 2012	2013
Carklin Award for Artistic Excellence	Cape Town Philharmonic Orchestra	1999
Competition Finalist	Oude Meester Music Prize Competition	1991
Dean's Merit List UCT	Recognition of excellent academic performance	1988
Competition Semi-Finalist	Sasol Music Prize Competition	1987

6. Scholarships and Grants

Residential fellowship	Stellenbosch Institute for advanced Studies (STIAS) *Abstract: https://stias.ac.za/fellows/projects/occupational-health-and-well-being-in-the-performing-arts-in-south-africa-the-formation-of-an-interdisciplinary-performing-arts-health-network-led-by-the-universities-of-stellenbosch-and-pretoria/ *Seminar: https://stias.ac.za/2020/12/initiative-will-consider-health-and-well-being-of-south-african-performing-artists/ *Video: https://www.youtube.com/watch?v=Q8G0RTiWljs&ab_channel=STIAS	2020 Nov-Dec
Postdoctoral Fellowship	Stellenbosch University, Faculty of Arts and Social Sciences	2020, 2021
Research and study travel grant	Oppenheimer Memorial Trust	2019
International research project grant	UCT and Worldwide Universities Network (WUN) *Musicians' Health Literacy Consortium: Health Education Literacy and Accessibility for Musicians: A Global Approach. Report from the Worldwide Universities Network Project	2018
Research Completion Grant	UCT Emerging Researcher Programme (ERP)	2018
Research Development Grant	UCT Emerging Researcher Programme (ERP)	2017
Research Start-Up Grant	UCT University Research Committee (URC)	2016

Scholarship - PhD research	Oppenheimer Memorial Trust	2013-2015
A-list Scholarship	University of the Free State	2013
Overseas Study Award	Oppenheimer Memorial Trust	2009
Travel Grant	Cape Tercentenary Foundation	2009

7. Peer-Reviewed Publications

Submitted and under review

Wijsman, S.I., Baadjou, V.A., De Lisle, R., Ginsborg, J., Guptill, C., Rennie-Salonen, B., Visentin, P. & Ackermann, B. Occupational health literacy in musicians: the case for a customised tool.

In press

Behel, K., Evans, A. & Rennie-Salonen, B. 2021. Synthesising the Literature on Stress Velopharyngeal Insufficiency in Musicians: Recommendations for music educators. *Update: Applications of Research in Music Education*.

Levenderis, F. & Rennie-Salonen, B. 2021. Musculoskeletal symptoms of double bassists: a literature synthesis. *Online Journal of Bass Research*. (Winner: 2020 ISB Research Competition).

Published

Rennie-Salonen, B. & de Villiers, F. 2020. Musicians' occupational health in South Africa: Promoting awareness and understanding in music teaching. *The South African Music Teacher*, 154: Nov. https://bridgetrs.com/wp-content/uploads/2020/10/Rennie-Salonen-2020-Musicians-occupational-health-in-SA_Promoting-awareness-understanding-in-music-teaching_SA-Music-Teacher-154_8-Nov-2020.pdf

Baadjou, V.A., Wijsman, S.I., Ginsborg, J., Guptill, C., De Lisle, R., Rennie-Salonen, B., Visentin, P. & Ackermann, B. 2019. Health education literacy and accessibility for musicians: a global approach. Report from the Worldwide Universities Network project. *Medical Problems of Performing Artists*, 34(2):105-107. <https://doi.org/10.21091/mppa.2019.2011>

Salonen, B.L. 2018. *Tertiary music students' experiences of an occupational health course incorporating the Body Mapping approach*. PhD thesis. Bloemfontein: University of the Free State, South Africa. <https://scholar.ufs.ac.za/handle/11660/9652>

Rennie-Salonen, B. & de Villiers, F. 2016. Towards a model for musicians' occupational health education at tertiary level in South Africa. *Muziki: Journal of Music Research in Africa*, 13(2):130-151. DOI: 10.1080/18125980.2016.11828232016 <http://bridgetrs.com/wp-content/uploads/2016/09/RENNIE-SALONEN-2016-Towards-a-model-for-musicians-occupational-health-education-at-tertiary-level-in-South-Africa.pdf>

8. Peer-Reviewed Conference Presentations

2021	<i>Musicians' health literacy: The missing piece in the musicians' health promotion puzzle.</i> Co-authors: Prof Suzanne Wijsman, Prof Bronwen Ackermann, Prof Christine Gupstill.	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2021	New York, USA / Online
2021	<i>'The Whole Me' - Student musicians' experiences of Body Mapping as somatic learning: research data, practical teaching applications, and interactive demonstrations.</i>	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2021	New York, USA / Online
2021	<i>Musculoskeletal symptoms of double bassists: a literature synthesis.</i> Co-author: Frances Levenderis	International Society of Bassists (ISB) Convention, June 2021	Dallas, USA / Online
2020	<i>A multidisciplinary team approach for effective rehabilitation of a musician with dystonia.</i> Co-author: Prof Bronwen Ackermann.	International Society for Music Education (ISME): Biennial World Conference, Aug-Nov 2020	Helsinki, Finland / Online
2020	<i>Health education for music students and teachers: A scoping review.</i> Co-author: Dr Alison Evans.	International Society for Music Education (ISME): Biennial World Conference, Aug-Nov 2020	Helsinki, Finland / Online
2019	<i>Student musicians' experiences of occupational health education: An Interpretative Phenomenological Analysis.</i>	Health Humanities Interest Group (HHIG) Conference, Dec 2019	SU Faculty of Medicine, Tygerberg, SA
2019	<i>Optimising well-being, performance skills, and return from embouchure dystonia in a French Horn player through an integrated team approach to rehabilitation.</i> Co-author: Bronwen Ackermann.	Annual Congress of SA Society for Research in Music (SASRIM), Sept 2019	SU, Music Department, Stellenbosch, SA
2019	<i>Occupational health education and health literacy for musicians: Prevention is better than cure.</i> Co-authors: Jane Ginsborg, Suzanne Wijsman, Peter Visentin	International Symposium on Performance Science (ISPS), July 2019	University of Melbourne, Australia
2019	<i>Tertiary students' experiences of a musicians' occupational health course: An Interpretative Phenomenological Analysis.</i>	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2019	UCLA, Los Angeles, USA
2019	<i>An international interdisciplinary approach to rehabilitating embouchure dystonia: A French Horn case study.</i> Co-author: Bronwen Ackermann.	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2019	UCLA, Los Angeles, USA
2019	<i>Development and design of the Musicians' Health Literacy Questionnaire (MHL-Q19).</i> Co-authors: Jane Ginsborg, Bronwen Ackermann, Vera Baadjou, Rae de Lisle, Christine Gupstill, Peter Visentin, Suzanne Wijsman.	Performing Arts Medicine Association (PAMA) Annual Symposium, June 2019	UCLA, Los Angeles, USA
2019	<i>Optimising well-being, performance skills, and return from embouchure dystonia in a French Horn player through an integrated team approach to rehabilitation incorporating Body Mapping.</i> Co-author: Bronwen Ackermann.	Association for Body Mapping Education (ABME) Biennial International Conference, June 2019	University of Redlands, California, USA
2019	<i>Efficacy of Body Mapping as the somatic education component of a musicians' occupational health course.</i>	Association for Body Mapping Education (ABME) Biennial International Conference, June 2019	University of Redlands, California, USA

2017	<i>Collaboration in tertiary level musicians' occupational health education in South Africa.</i>	SA National Performing Arts Health Symposium, Oct 2017	UNISA, Pretoria, SA,
2017	<i>Towards a model for musicians' occupational health education at tertiary level in South Africa.</i>	Performing Arts Medicine Association (PAMA) Annual Symposium, July 2017	Colorado, USA,
2017	<i>A collaborative model for musicians' occupational health education, with particular emphasis on the role of Body Mapping in the somatic education component.</i>	Andover Educators' 8th Biennial International Conference, Schwob School of Music, June 2017	Columbus State University, Columbus, Georgia, USA
2015	<i>Student musicians' experiences of an occupational health course based on the Body Mapping approach: Preliminary PhD research findings.</i>	Annual Congress of the SA Society for Research in Music (SASRIM), July 2015.	SA College of Music, UCT, Cape Town, SA
2015	<i>Student musicians' experiences of an occupational health course based on the Body Mapping approach: Preliminary PhD research findings.</i>	Andover Educators Biennial International Conference, June 2015.	Portland State University, Portland, Oregon, USA
2013	<i>Musicians' Well-being; Body Mapping, awareness and the senses for enhanced performance and teaching.</i>	International Conference on Music and Well-Being, Aug 2013	NWU, Potchefstroom, SA

9. Invited Guest Lectures and Presentations

2020	<i>The ensemble of expertise: Effective teamwork in musicians' rehabilitation incorporating Body Mapping</i>	International webinar presentation for Association of Body Mapping Education (ABME), 17 May 2020	Live online
2020	<i>Practice Boosters</i>	Video presentation for St Andrews College and Diocesan School for Girls: Music Festival, May-June 2020	Online
2020	<i>The Musicians' Health Literacy Consortium: Aims, Progress and Challenges</i>	UNT Seminar presentation for University of North Texas, Performing Arts Health Doctoral student cohort seminar, 2 April 2020.	Live online
2019	<i>Confident Enjoyable Performance</i>	Interactive workshop for Amanda Luyt contemporary voice studio, Dec 2019	Cape Town, SA
2019	<i>Musicians' Health: 1) Performance-related health issues for musicians, risk factors and prevention; 2) Movement, awareness, the senses, and somatic approaches; 3) Body awareness and breathing; 4) Performance confidence for musicians.</i>	RU Guest lecturer for course 'Music, Health and the Brain', Sept 2019.	RU, Grahamstown, SA
2019	<i>Your body is your instrument: The link between posture, breath, sound, technique, and expression.</i>	Interactive workshop presentation for the Horizons Project Choir, Oct 2019.	Cape Town, SA
2019	<i>Tertiary music students' occupational health curriculum content, implementation, and assessment.</i>	UWC Joint faculty seminar: Education, Occupational Therapy & Performing Arts, Feb 2019	UWC, Bellville, SA

2019	<i>Tertiary student musicians' experiences of an occupational health course: Psychological, physical, and artistic integration optimise performance proficiencies and health.</i>	Colloquium: SU Music Department, Feb 2019	SU, Stellenbosch, SA
2018	<i>Musicians' Health: 1) Common injuries and health issues for musicians, risk factors and prevention; 2) Movement, awareness, the senses, and somatic approaches; 3) Performance psychology for musicians; 4) Confident performance tools.</i>	RU, Guest lecturer for course 'Music, Health and the Brain', Sept 2018.	RU, Grahamstown, SA
2017	<i>Flute masterclasses</i>	UFS, Guest lecturer at Odeion School of Music, Feb 2017	UFS, Bloemfontein, SA
2011-2017	<i>Opera Training Classes: Body awareness, breathing, movement, Body Mapping, and performance confidence sessions.</i>	Guest lecturer for UCT Opera School 2011-2017	UCT, SA College of Music, Cape Town, SA
2016	<i>Breathe with Ease: Movements and structures of breathing and support.</i>	South African Tuba and Euphonium Association Course, 2 Dec 2016.	Cape Town, SA
2016	<i>Optimal Alignment: Effective, balanced posture and tension-free body awareness for all musicians; Breathe with Ease: Movements and structures of breathing and support.</i>	Allmusic Music Teachers' Professional Development Workshop, Oct 2016.	Hugo Lambrechts Music Centre, Cape Town, SA
2016	<i>Guest Lecturer: Baroque Traverso</i>	UCT Winter Course in Historically Informed Performance, June-July 2016	UCT, SA College of Music, Cape Town, SA
2016	<i>Musicians' Health: Background, Research and Education; The Structures and Movements of Breathing; The Mind-Body Link; Optimal Alignment; Productive Practising; Performing Confidence Tools.</i>	Crescendo Summer Institute South Africa (CSISA), March 2016.	Somerset West, SA
2015	<i>Body Awareness Essentials: 5 key elements for free and energised playing.</i>	Music Teachers' Refreshers Course, Jan 2015.	Hugo Lambrechts Music Centre, Cape Town, SA

10. Postgraduate supervision

Postgraduate research supervision

MMus	<i>Exploring cellists' experiences of somatic methods' influence on performance</i> (draft title). Amalia Reyneke	2021-
MMus	<i>South African student musicians health and wellbeing: the effects of musical practice habits and lifestyle behaviours</i> (draft title). Estelle Kemp	2021-
MMus	<i>Self-perceptions of graduate employability among student musicians at a South African university</i> . Caroline Walters.	2020-
MMus	<i>The prevalence of musculoskeletal symptoms in double bass players</i> . Frances Levenderis	2020-
MSc	<i>Investigating performance-related musculoskeletal disorders in South African Instrumental Musicians</i> . Erryn Green (Co-supervision, RU)	2020-
BMus Hons (with distinction)	<i>Musculoskeletal symptoms in double bass and cello players: a literature review</i> . Frances Levenderis	2019-2020
BMus Hons (with distinction)	<i>Postural Recommendations in Cello Pedagogy: An Integrative Literature Review</i> . Amalia Reyneke	2019-2020

Postgraduate practical studies (flute) supervision

BMus Hons	Claudia Garcia-Garcia (Chamber Music)	2021-
BMus Hons	Mikhaila Jacobs (Repertoire Studies)	2021-
PGDipMus	Robert de Vries	2016-2017
BMus Hons (with distinction)	Neil Robertson	2017
BMus Hons	Nkosana Gugulethu Soko	2017
MMus (with distinction)	Tatiana Thaele	2014-2015
MMus	Jomari Swarts	2013-2014
BMus Hons (with distinction)	Sally Minter	2012
BMus Hons	Monique van Willingh	2010
BMus Hons (with distinction)	Louisa Theart	2010
MMus	Inge Scott (nee Pietersen)	2008-2009
BMus Hons (with distinction)	Lindsay Fillingham (nee James)	2008-2009
MMus	Lisa Thom	2004-2005
BMus Hons	Kim Steenkamp (nee Watson)	2003
BMus Hons	Lisa Thom	2003
MMus (with distinction)	Gabriele von Durkheim	2001-2002

11. Performance Output (Highlights)

Ongoing	Zomari Duo (Flute & Guitar) with guitarist James Grace	
	The Gabriel Duo (Flute & Harp) with harpist Gaylen Sales	
	Principal Flute: The Free State Symphony Orchestra (FSSO)	
	Principal Flute: The Cape Town Festival Orchestra	
	Baroque Traverso Flute: Camerata Tinta Barocca (CTB) with Erik Dippenaar (harpsichord), Annien Shaw (Baroque violin), Refiloe Olifant (Baroque violin), Ralitza Macheva (Baroque violin), Suzanne Martens (Baroque violin), Cheryl de Havilland (Baroque cello), Peter Martens (Baroque cello)	
	Collaborative pianists: Albie van Schalkwyk, Tertia Visser-Downie, Janine Neethling, Catherine Foxcroft, Jose Dias, (Victor Tichart†)	
2021	Baroque Traverso with Camerata Tinta Barocca (CTB): <i>Chamber Music of the Baroque</i> with soprano Lynelle Kenned	Endler Hall, Stellenbosch, May 2021
	Baroque Traverso with Camerata Tinta Barocca (CTB): <i>Handel duos and arias</i> with soprano Stefanie True and counter-tenor Chris Ainslie	Filmed and recorded in Jan 2021 by KykNET (release April 2021)
2020	Zomari Duo: ' <i>Histoire du Tango</i> ' (with James Grace) filmed for Klein Karoo Klassique / Cape Town Baroque Festival	Presented by KykNET, Oct 2020
2019	Conductor - Eva Tamassy Tribute Flute Choir	Endler Hall, Stellenbosch
	Soloist - Baroque Traverso: <i>JS Bach's Solo Partita in A minor</i> , Cape Town Baroque Festival	Lutheran Church, Cape Town
	Soloist - Baroque Traverso with CTB in ' <i>Glorious Baroque: JS Bach's Fifth Brandenburg Concerto</i> .	Woordfees, Stellenbosch, and Baxter Concert Hall, Cape Town
	Baroque Traverso with CTB in ' <i>Of Plants and Animals</i> ', at Greyton Music Festival	Greyton
	Baroque Traverso with CTB in ' <i>Lawrence Zazzo in Concert</i> '	Centre for the Book, Cape Town
	Soloist - <i>Mpumalanga & Isiduduzo</i> from <i>Imicabango</i> for flute & piano, by Alexander Johnson:	University of Redlands, California, USA
	Soloist - <i>Nostalgia</i> for solo flute, by Roelof Temmingh	UCLA, Los Angeles, USA
	Soloist - <i>CPE Bach Concerto in D minor</i> with Baroque2000 Durban	Marianhill Monastery, Durban
	Gluck's <i>Orphee</i> with Cape Town Opera	Baxter Theatre, Cape Town
	The Little Wind Quintet: ' <i>Bagatelle</i> ' (Wind Quintet works by Mozart, Danzi, Bozza, Ligeti, Taffanel & Piazzolla)	George and Stilbaai Concert Series
	<i>MI(SA)</i> at Woordfees	Adam Small Theatre, Stellenbosch
	Verdi's <i>Requiem</i> at Woordfees	Endler Hall, Stellenbosch

2018	Soloist – <i>Bach's Suite No 2 in B minor, Bach's Brandenburg Concerto No. 5</i> with Baroque2000 Durban, Harare International Festival of the Arts (HIFA)	Harare, Zimbabwe
	Soloist – <i>Bach's Suite No 2 in b minor, in 'Seasons and a Suite'</i> with Baroque2000 Durban	Marianhill Monastery, Durban
	Soloist - <i>Mozart Flute and Harp Concerto</i> : The Gabriel Duo: with Gaylen Sales and the Johannesburg Festival Orchestra, in opening concert of Johannesburg International Mozart Festival	Linder Auditorium, Johannesburg
	Zomari Duo: ' <i>Histoire du Tango</i> ' (with James Grace) Greyton Festival	Greyton
	The Gabriel Duo: <i>Flute and Harp recital</i> (with Gaylen Sales) at Northwards Series	Northwards House, Johannesburg
	Flute and alto flute in ' <i>Ballades 2</i> ' at Woordfees with Janine Neethling, Lize Beekman, Amanda Strydom, Coenie de Villiers, Dizu Plaatjies, and Kyle Seconna.	Spier Amphitheatre, Stellenbosch
	Flute and alto flute in <i>Movie Classics, The Sequel, Greyton Festival</i>	Greyton
	Soloist - <i>Baroque Traverso in 'Best of Baroque' at Fynarts Festival Opening Concert</i>) with CTB	Hermanus
	Soloist - Baroque Traverso in <i>Pergolesi Flute Concerto</i> , with CTB	St Andrews, Cape Town
	Soloist - Baroque Traverso: <i>Telemann Concerto for Traverso and Recorder</i> , with CTB, Cape Town Concert Series & Cape Town Baroque Festival	Baxter Concert Hall, Cape Town
	Baroque Traverso with CTB in ' <i>Folk Baroque</i> ' SA tour	Endler Stellenbosch, Odeion Bloemfontein & Miriam Makeba Hall, Pretoria
	Baroque Traverso in ' <i>Of Plants and Animals</i> ' with CTB	Irma Stern Museum, Cape Town
2017	Conductor - Trevisani Masterclasses Massed Flute Choir	Hugo Lambrechts, Cape Town
	Flute & alto flute in ' <i>Movie Classics</i> ' at the Greyton Festival	Greyton
	Soloist - <i>Mozart Flute and Harp Concerto</i> : The Gabriel Duo: with Gaylen Sales & the Fynarts Festival Orchestra	Fynarts, Hermanus
	Soloist - <i>Mozart Flute and Harp Concerto</i> : The Gabriel Duo: with Gaylen Sales & the FSSO conducted by Tim Murray	Kopanong Auditorium, Bloemfontein
	Gabriel Duo with Harpist Gaylen Sales: ' <i>Dancing Through Time</i> ' at Fynarts Festival	Fynarts, Hermanus
	Zomari Duo in ' <i>Baroque to Latin</i> ' at The Autumn Music Weekend	Franschhoek
	Flute and alto flute in ' <i>Ballades</i> ' at Woordfees with Janine Neethling, Amanda Strydom, Sima Mashazi, Juan Oosthuizen, Ronan Skillen, Lize Beekman, and Coenie de Villiers	Spier Amphitheatre, Stellenbosch
	Baroque Traverso: ' <i>Folk Baroque</i> ', CTB, Klein Karoo Klassique Festival,	Oudtshoorn
	Baroque Traverso: ' <i>French Baroque chamber music</i> ' with CTB	St Andrews, Cape Town
	Baroque Traverso: ' <i>Bach in Concert</i> ' UCT Summer School Barry Smith	Baxter Concert Hall, Cape Town

2016	<i>'Kennst du Das Land'</i> : with Lente Louw (soprano), Albie van Schalkwyk; Peter Martens, Endler Series	Endler Hall, Stellenbosch
	Zomari Duo with James Grace (guitar) – Eastern Cape Tour	Knysna and Grahamstown
	<i>Flute & Strings Quartet</i> at Silver Mountain Music Festival in Swellendam with Lucia Di Blasio-Scott	Swellendam
	<i>The Little Wind Quintet</i> in recital, Hermanus Music Society Series	Bouchard-Finlayson, Hermanus
	<i>Trio Flautando</i> with Antoinette Blyth (soprano) & Victor Tichart	Baxter Concert Hall, Cape Town
	<i>Cavatina Trio</i> with Tertia Visser Downie (piano), Petri Salonen (violin), Darling Music Experience	Darling
	Soloist – in Bach's <i>Brandenburg 5</i> with the Stellenbosch Camerata	Endler Hall
	Soloist - Baroque Traverso with the CTB at the Constantia Series	Christ Church, Constantia
	Baroque Traverso: with CTB at Klein Karoo Klassique	Oudtshoorn
	Baroque Traverso: with CTB in ' <i>Handel in the Drawing Room</i> ', Helderberg Music Society	Somerset West
	Baroque Traverso: with CTB at Fynarts Festival	Hermanus
	Baroque Traverso: with CTB in ' <i>French Baroque</i> ' with Philip Mathman, at St Andrews Concert Series	St Andrews, Cape Town
	Baroque Traverso: in Bach's <i>St John Passion</i>	St Johns, Johannesburg
2004-2015 selection	Conductor - Many flute choir workshops and clinics, presented by FlutesYou and SAWoodwinds.	Cape Town, Port Elizabeth, & Johannesburg 2006-2009
	Conductor - Flute Choir in Concert Celebrating Eva Tamassy at 75.	Fismer Hall, Stellenbosch, 2012
	Conductor (Rehearsals) – South African Galway Flute Festival Massed Flute Choir	Baxter Concert Hall, Cape Town, Feb 2015
	<i>Chameleon Trio</i> with Catherine Foxcroft (piano), Sarah Burnett (bassoon): Eastern Cape Concert Tour	George, Knysna, Port Elizabeth, Grahamstown
	<i>Trio with a Twist</i> at Woordfees Stellenbosch; KKNK Oudtshoorn, RU Concert Series Grahamstown; UNISA Concert Series Pretoria; Classic FM Concert Series Johannesburg, National Arts Festival Grahamstown; Oude Libertas Amphitheatre Stellenbosch; Welgemeend Cape Town, Greyton Festival; Aardklop Festival & Nederburg Paarl	Stellenbosch, Oudtshoorn, Grahamstown, Pretoria, Johannesburg, Greyton, Paarl, Cape Town & Potchefstroom
	Baroque Traverso: with CTB ' <i>Music at the Court of Frederick the Great</i> '	Cape Town & Simonstown
	<i>The Little Wind Quintet</i> at the St Andrews Concert Series	St Andrews, Cape Town
	Flute & alto flute in <i>Jenkin's The Peace Makers</i> with the Libertas Choir, at Oude Libertas and KKNK	Stellenbosch, Oude Libertas Amphitheatre & Oudtshoorn
	<i>'Wolf, Ravel, Hofmeyr and Van Wyk'</i> with Lente Louw (soprano), Albie van Schalkwyk (piano) & Peter Martens (cello)	Endler Hall, Stellenbosch & Old Town House, Cape Town
	<i>Zomari Duo</i> with James Grace at Durban Friends of Music, Durban; Montagu Music Society; SA College of Music, Hermanus, Helderberg; St Andrews; & Christ Church Concert Series	Durban, Montagu, UCT, Cape Town, Hermanus, Somerset West, Cape Town, & Constantia

Studio recordings: Flute, Alto Flute & Piccolo in soundtracks for Smithsonian's 'Ocean Odyssey', the film 'Material' and Opperman/Neethling's 'Tree Aan'	Cape Town & Johannesburg
<i>The Little Wind Quintet and Piano</i> with Francois du Toit at the St Andrews Concert Series	St Andrews, Cape Town
<i>Gabriel Duo</i> with Harpist Gaylen Sales, at the Darling Music Experience, the Endler Hall Series, and the La Motte Series	Darling, Stellenbosch & Franschhoek
' <i>Misa Criolla</i> ' with Amanda Strijdom & the Libertas Choir, at KKNK & Oude Libertas Amphitheatre	Oudtshoorn & Stellenbosch
' <i>Waansin</i> ' with Magdalene Minnaar at Aardklop, Potchefstroom	Potchefstroom
<i>Cesar Franck Sonata</i> at Iowa State University, USA	Iowa, USA
<i>Grahamstown Sextet</i> (wind quintet & piano): Concert Tour – RU, UNISA, NWU	Grahamstown, Pretoria, & Potchefstroom
<i>Ravel Exotique</i> with Albie van Schalkwyk, Zanne Stapelberg, Minette du Toit & Marian Lewin at La Motte Series	Franschhoek
' <i>Amore</i> ' with Magdaleen Minnaar at the KKNK	Oudtshoorn
<i>Flute and Piano in recital</i> with Catherine Foxcroft at RU	Grahamstown
<i>The Soul of the Flute</i> : solo flute – Voorkamerfest, Darling	Darling
<i>Music by Hendrik Hofmeyr</i> - concert in honour of VC Stuart Saunders	UCT SA College of Music
<i>Songmakers' Guild</i> with Zanne Stapelberg, Hanneli Rupert & Albie van Schalkwyk, & <i>La Motte Concert Series</i> with Hanneli Rupert & Albie van Schalkwyk	Cape Town & Franschhoek
Crumb's ' <i>Vox Balaenae</i> ' with Albie van Schalkwyk & Peter Martens	Baxter Concert Hall, Cape Town
Soloist - ' <i>Baroque in the Bush</i> ' at Shingwedzi: Flute Concertos & chamber music	Shingwedzi, Kruger National Park
Soloist – Mozart's <i>Flute and Harp Concerto</i> : The Gabriel Duo: with Gaylen Sales & the CTPO	City Hall, Cape Town
Soloist – Mozart's <i>Flute Concerto No 1</i> with the ECPO	Feathermarket, Port Elizabeth
Soloist – Bach's <i>B min Suite</i> & Stamitz <i>Flute Concerto</i> with the CTB	St Andrews, Cape Town
Soloist – Mozart's <i>Flute and Harp Concerto</i> : The Gabriel Duo: with Gaylen Sales & CTB	St Georges Cathedral, Cape Town
Principal flute in JMI (Johannesburg Music Initiative) Orchestral Concerts in Swaziland,	Swaziland
Solo Flute: Piazzolla's ' <i>Maria de Buenos Aires</i> ', South African tour.	SA Tour – all festivals

12. Former students' achievements

Former students' postgraduate study abroad

Royal College of Music
Royal Academy of Music
Royal Northern College of Music
Royal Welsh College of Music
Longy School of Music Boston
University of Music and Performing Arts Vienna
University of Michigan,
University of British Columbia

Former students' scholarships

Oppenheimer Memorial Trust
SAMRO
Il Sistema /MA Program at Longy, Boston
Royal College of Music
Royal Academy of Music
Royal Northern College of Music
Royal Welsh College of Music
University of Michigan
University of British Columbia

Former students' achievements and awards

ATKV
SAMRO
UNISA
Artscape Youth Music Competition
National Youth Music Competition
Grahamstown National Competition
SACS Competition
Artscape Youth Concerto Festival
JPO Youth Concerto Festival
KZNPO Youth Concerto Festival
Deans Merit List UCT
Degree with Distinction
Class medallists

Former students' orchestral appointments

CPO: Principal Flute (Gabriele von Durkheim)
CPO: Co-principal Flute (Bridget Wilson)
CPO: Co-principal Flute (Sally Minter)
KZNPO: Co-Principal Flute (Lisa Thom)

13. Public service, leadership, and administration

External Examiner (Practical)	University of the Free State University of Stellenbosch
External Examiner (Research)	North West University University of Pretoria Rhodes University
Adjudicator	UNISA Competitions Artscape Competition ABSA Competition Distell Competitions Various Eisteddfods
Peer-Reviewer	Journal of the Musical Arts in Africa Musicus Medical Problems of Performing Artists Muziki: Journal of Music Research in Africa Creative Outputs DHET, SA
Guest Lecturer	Rhodes University: Department of Music and Musicology (2012-present) University of the Free State: Odeion School of Music Hugo Lambrechts Music Centre Musikwoche: Swakopmund, Namibia Faculty of Health Sciences: UCT
Leadership	Founding member and Chair: Steering Committee, South African Performing Arts Health Association (SAPAHA) Committee member: Forum for Instrumental and Vocal Teaching of the International Society for Music Education (ISME)
Membership	South African Society of Music Teachers (SASMT) www.sasmt-savmo.org.za Performing Arts Medicine Association (PAMA) www.artsmed.org Association for Body Mapping Education www.bodymap.org Pan African Society for Musical Arts Education (PASMAE) www.pasmae.africa South African Society for research in Music (SASRIM) www.sasrim.ac.za International Society for Music Education (ISME) www.isme.org
Additional	Convening annual flute masterclasses/visiting lecturer events Professional mentoring: young graduates in the FSSO, in the Cape Town Proms and Festival Orchestras, and newly appointed flute teachers in school teaching positions Member of nominated UCT SACM staff working group in extended dialogue process with Inkqubela student protest group

14. Brief biography

Dr Bridget Rennie-Salonen, flautist, lecturer, and practitioner and researcher in Performing Arts Health, is Postdoctoral Fellow at the Africa Open Institute for Music Research and Innovation, Stellenbosch University (SU). She is Part-time Lecturer and Head of Woodwinds in the Music Department at SU, including lecturing in flute, Baroque traverso, woodwind teaching methods, repertoire studies and orchestral studies, directing wind ensembles, and supervising research. Bridget also teaches flute part-time at the University of Cape Town (UCT). She is highly sought after as a flute pedagogue, and many of her former students have excelled in competitions and in overseas studies, won scholarships for study abroad, and now occupy key performance, entrepreneurial, and educational positions in the South African (SA) music sector. Bridget serves on the committee of the Forum for Instrumental and Vocal Teaching of the International Society for Music Education (ISME).

Bridget's PhD (Music) from the University of the Free State (utilising Interpretative Phenomenological Analysis) focused on musicians' occupational health curriculum content, implementation, and assessment. As a Licensed Body Mapping Educator and holding certificates in the Essentials of Performing Arts Medicine and in Functional Movement Anatomy, she is particularly interested in the field of somatics and the interaction of the psychological, physical, and artistic aspects in performing artists, from preventative, therapeutic, and performance optimisation perspectives. Bridget is Chairperson of the steering committee of the South African Performing Arts Health Association and is core member of the international Musicians' Health Literacy Consortium, researching musicians' health education and health literacy.

A well-known performer in multiple genres, Bridget has appeared as soloist with several SA orchestras. As the Solo Principal Flute of the Cape Town Philharmonic Orchestra for many years, she was the recipient of the prestigious Ben & Faye Carklin Award for Artistic Excellence. Recent awards include Fiesta, Silver Ovation, Fanie Beetge Academic Prize, and Oppenheimer Memorial Trust awards. As a freelancer, Bridget is the principal flute of the Cape Town Festival Orchestra, regular guest principal with the Free State Symphony Orchestra, and Baroque traverso flautist with the Camerata Tinta Barocca.



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